



Food Menu

Daily specials also available - see board for details

Lamb Cawl £9.00

A traditional Welsh cawl served with bread, Welsh salted butter and Welsh mature cheddar cheese

Soup of the Day £5.00

Bowl of hot soup served with bread and Welsh salted butter (see board for today's availability)

Steak and Ale Pie £5.00

Deep baked pie with Rev James ale in a shortcrust pastry, served with ketchup/brown sauce. Produced in Wales

Vegan Pie £5.50

Locally produced pie by Hey Vegan (see board for today's availability)

Baked Potato £4.50

Served with salad garnish

Add beans or coleslaw £1.50

Add cheese £2.00

Add tuna mayonnaise, chicken tikka £2.50

Toasted Items

Beans on Toast £4.00

Add cheese £1.50

Toast £2.75

Two slices of brown or white toast served with Welsh salted butter

Giant Crumpet £2.75

Large toasted crumpet served with Welsh salted butter

Toasted Teacake £2.75

A fruited teacake served with Welsh salted butter

Extras

Jam, Marmalade, Honey £0.50

Nutella, Marmite £0.75

Coleslaw £1.50

Light Bites

Sandwiches £4.95

A range of fresh sandwiches served with coleslaw and crisps (*See board for today's availability*)

Paninis £5.50

A range of toasted paninis served with coleslaw and crisps (*See board for today's availability*)

Welsh Rarebit £6.00

Traditional Welsh cheese on toast served with spiced pear chutney

Corned Beef Pasty / Cheese and Onion Pasty £5.00

Locally produced by Little Welsh Deli, large pasty served with ketchup/brown sauce

Large Sausage Roll £3.50

Locally produced sausage roll served with ketchup/brown sauce

Vegan Sausage Roll £3.50

Cakes and Bakes £3.25-£3.75

A delicious range of fresh cakes, brownies and muffins

Children's Meal £4.95

Choice of sausage roll, ham or cheese sandwich

Fruit

Choice of apple or small pack of sultanas

Chocolate

Choice of Kit Kat or Tunnocks chocolate teacake

Drink

Choice of apple or orange juice, or bottled water



Bwydlen

Mae prydau arbennig dyddiol ar gael hefyd - gweler y bwrdd am fanylion

Cawl Oen £9.00

Cawl Cymreig traddodiadol gyda bara, menyn hallt Cymreig a chaws Cheddar aeddfed Cymreig

Cawl y Dydd £5.00

Powlen o gawl poeth gyda bara a menyn hallt Cymreig (gweler y bwrdd i weld beth sydd ar gael heddiw)

Pei Stêc a Chwrw £5.00

Pei ddwfn wedi'i phobi gyda chwrw Rev James mewn crwst brau, wedi'i gweini â sos coch/brown. Cynhyrchwyd yng Nghymru

Pei Fegan £5.50

Pei a gynhyrchwyd yn lleol gan Hey Vegan (gweler y bwrdd i weld beth sydd ar gael heddiw)

Tatws Pob £4.50

Wedi'i weini gyda garnais salad

Ychwanegu ffa pob neu golslo £1.50

Ychwanegu caws £2.00

Ychwanegu mayonnaise tiwna, tikka cyw iâr £2.50

Pethau wedi'u Tostio

Ffa pob ar Dost £4.00

Ychwanegu caws £1.50

Tost £2.75

Dwy dafell o dost brown neu wyn gyda menyn hallt Cymreig

Cramwyth anferth £2.75

Cramwyth fawr wedi'i thostio, gyda menyn hallt Cymreig

Cacen De wedi'i Thostio £2.75

Cacen de ffrwyth gyda menyn hallt Cymreig

Ychwanegiadau £0.50

Jam, Marmaled, Mêl £0.75

Nutella, Marmite £1.50

Colslo

Prydau Ysgafn

Brechdanau £4.95

Amrywiaeth o frechdanau ffres gyda cholslo a chreision (Gweler y bwrdd i weld beth sydd ar gael heddiw)

Panini £5.50

Amrywiaeth o panini wedi'u tostio, gyda cholslo a chreision (Gweler y bwrdd i weld beth sydd ar gael heddiw)

Caws Pob £6.00

Caws Cymreig ar dost traddodiadol gyda siytni gellyg sbeislyd

Pastai Corn-bïff/ Pastai Caws a Winwns £5.00

Wedi'i chynhyrchu'n lleol gan Little Welsh Deli, pastai fawr gyda sôs brown/sôs coch

Rhól Selsig Fawr £3.50

Rhól selsig wedi'i chynhyrchu'n lleol gyda saws brown/sôs coch

Rhól Selsig Fegan £3.50

Cacennau a Phethau Pobi £3.25-£3.75

Dewis blasus o gacennau ffres, brownis a myffins

Pryd Plentyn £4.95

Dewis o rôl selsig, brechdan ham neu gaws

Ffrwythau

Dewis o afal neu becyn bach o syltanas

Siocled

Dewis o Kit Kat neu gacen de siocled Tunnocks

Diod

Dewis o sudd afal neu oren, neu ddŵr potel



DRINKS MENU

<u>Hot Drinks</u>	<u>Small</u>	<u>Regular</u>	<u>Cold Drinks</u>	
Americano	£2.70	£3.10	Coke	£1.40
Cappuccino	£2.95	£3.35	Diet Coke/ Coke Zero	£1.30
Flat White		£3.35		
Latte		£3.35	Heartsease	£2.85
Espresso (Double)		£3.10	Oasis Summer Fruits, Citrus Blast	£1.90
Hot Chocolate		£3.35	Chilled Latte	£2.65
Luxury Hot Chocolate		£3.90	Caprisun	£1.90
Mocha		£3.65	San Pelegrino Orange, Lemon	£1.90
Tea (Welsh Brew)		£2.30	Apple Juice	£0.95
Speciality Tea		£2.60	Orange Juice	£0.95
Extras			Bottled Water	£1.90
Extra Shot		£0.75	Ty-Nant Still, Ty-Nant Sparkling	
Decaf		£0.50	Milkshake	£3.75
Syrup Hazelnut, Caramel, Vanilla		£0.50	Strawberry, Chocolate, Banana	
Alternative Milk Soya / Oat		£0.50		



DEWISIADAU DIODYDD

<u>Diodydd Poeth</u>	<u>Bach</u>	<u>Rheolaidd</u>	<u>Diodydd Oer</u>	
Americano	£2.70	£3.10	Coke	£1.40
Cappuccino	£2.95	£3.35	Diet Coke/ Coke Zero	£1.30
Fflat Gwyn		£3.35		
Latte		£3.35	Heartsease	£2.85
Espresso (Dwbl)		£3.10	Oasis Summer Fruits, Citrus Blast	£1.90
Siocled Poeth		£3.35	Latte Oer	£2.65
Siocled Poeth Moethus		£3.90	Caprisun	£1.90
Mocha		£3.65	San Pelegrino Oren, Lemwn	£1.90
Te (Welsh Brew)		£2.30	Sudd Afal	£0.95
Te Arbennig		£2.60	Sudd Oren	£0.95
<u>Ychwanegiadau</u>			Dŵr Potel	£1.90
Llymaid ychwanegol		£0.75	Ty-Nant Llonydd, Ty-Nant Pefriog	
Digaffein		£0.50		
Surop Cnau Cyll, Caramel, Fanila		£0.50	Ysgytlaeth	£3.75
Llaeth Amgen Soia / Ceirch		£0.50	Mefus, Siocled, Banana	